

MEETING AS SEEN BY EMPLOYEES IN FRANCE, BELGIUM AND SPAIN:

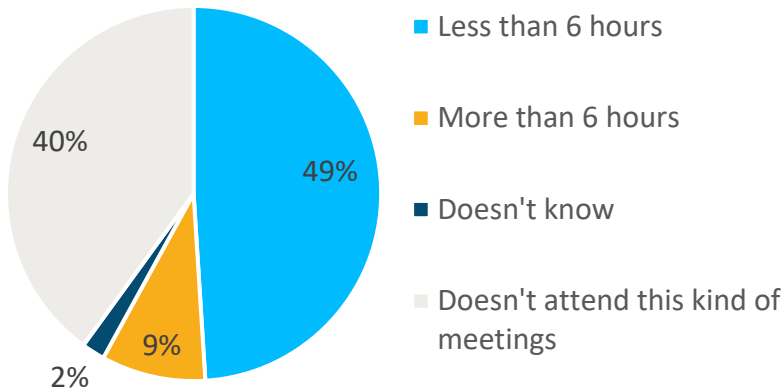
SITUATION & PERSPECTIVES

A YOUNG GOV SURVEY FOR COMET MEETINGS

France



Number of hours in collective meeting (more than 2 people) per week



74% of respondents want their company to improve the way they come together



But only **32%** of respondents have already been trained in what a successful meeting is

86% of french workers are still facing useless meetings.

About **1 in 5 french managers** do not attend duo meetings.

51% of French people are sometimes invited to meetings **without knowing what for.**

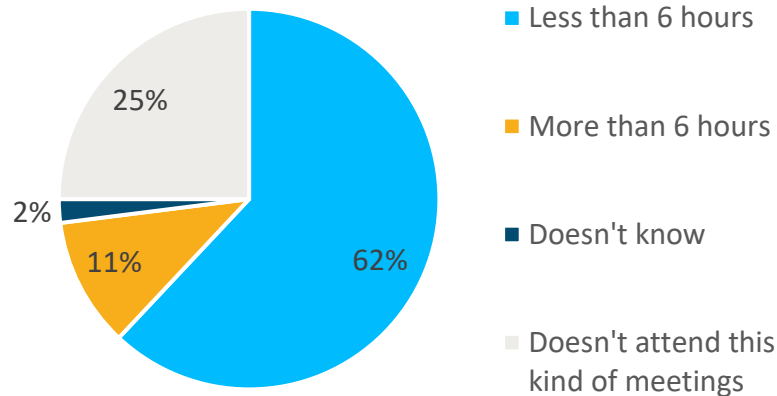
The younger you are, the less you know why you are invited to a meeting (82% of 18-24 year old compared to 99% of those over 55).

In France when you are a woman, you are half as likely to have been trained on what a successful meeting is (23% of women surveyed were trained compared to 40% of men) .



Belgium

Number of hours in collective meeting
(more than 2 people) per week



72% of respondents want their company to improve the way they come together

But only **30%** of respondents have already been trained in what a successful meeting is

85% of Belgian workers are still facing with useless meetings.

About **1 in 10** Belgian managers do not attend duo meetings.

56% of Belgians are sometimes invited to meetings **without knowing why.**

Not all regions want their companies to improve the way they meet: 82% for Brussels, 75% for Wallonia and only 59% for Flanders.

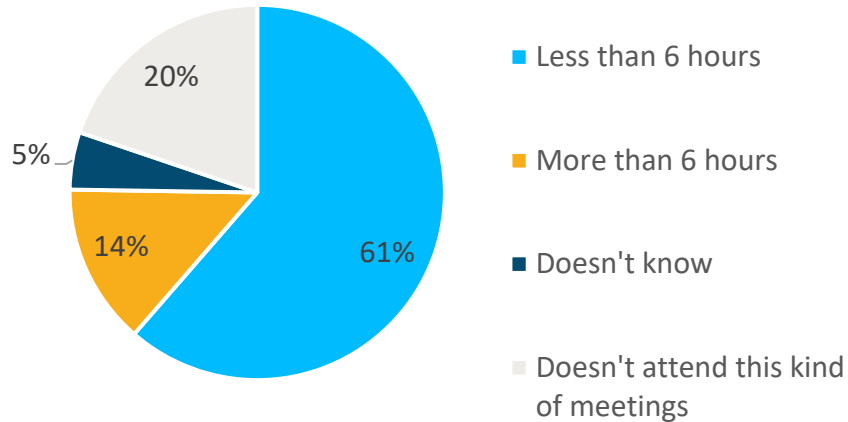
Training on what is a successful meeting is different depending on the region: 40% of respondents in Brussels say they have been trained against 31% of Walloons and 28% of Flemish.

Men were trained at 38% and women at 22%.



Spain

Number of hours in collective meeting
(more than 2 people) per week



84% of respondents want their company to improve the way they come together



But only **45%** of respondents have already been trained in what a successful meeting is



70% of Spanish workers are still facing with useless meetings.

About **1 in 10 Spanish managers** do not attend duo meetings.

66% of Spanish are sometimes invited to meetings **without knowing what for.**

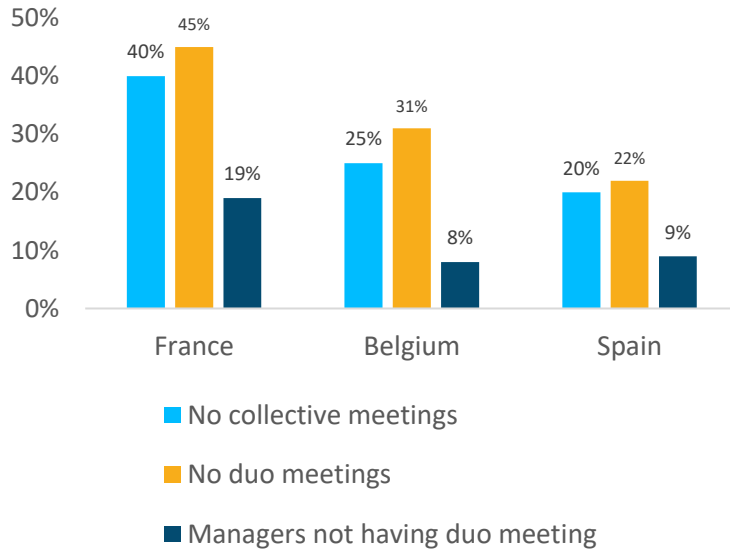
The younger you are, the more you have been trained in what a successful meeting is (71% of 18-24 year old, compared to 43% of those over 55).

In Spain when you are a woman, you are less likely to have been trained on what a successful meeting is (39% of the women surveyed were, compared to 50% of the men).

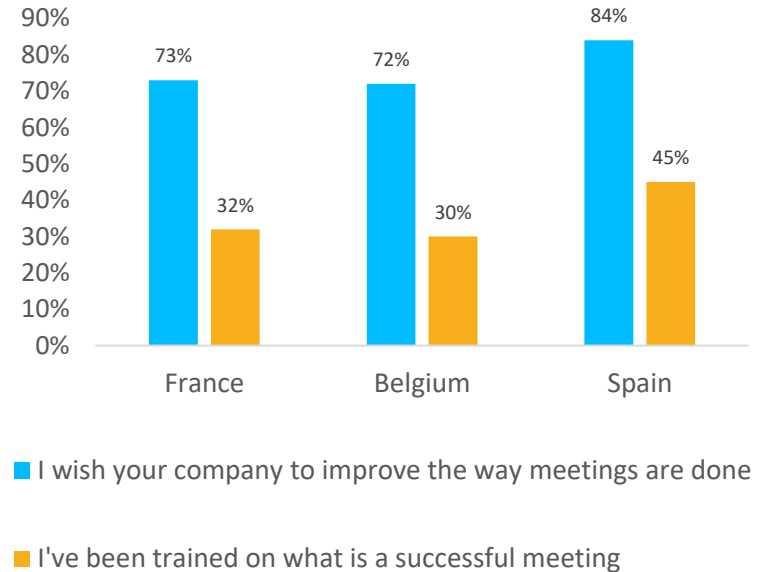


Countries comparison

Attending meetings



Improving meetings



86% of French people are still facing useless meetings, compared to **85%** of Belgians and **70%** of Spanish.

In Spain and Belgium, **1 in 10 managers do not attend duo meetings**, while in France this figure rises to 1 in 5 managers.

Women are less trained in what a successful meeting is in France, Belgium and Spain, with respectively gaps of 17, 16 and 11 points.



STUDY CARRIED OUT IN JULY 2022 BY THE YOUNG GOV INSTITUTE ON BEHALF OF COMET MEETINGS AMONG A PANEL OF 1004 ACTIVE FRENCH, 1003 ACTIVE BELGIANS AND 1003 ACTIVE SPANISH.

To obtain raw data or deep comments,
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